



# Every Day

## What you can do to reduce smog

Transportation is the largest source of smog pollution in the Bay Area and single occupancy vehicles are the main contributor. The #1 thing Bay Area residents can do to reduce air pollution is to leave their car at home! Here are some great ways to help Spare the Air!

### Remote Work

Save time and money by working from home and avoid the commute!

### Walk or Ride Your Bike

Save money and improve your health!

### Take the Bus, Ferry or Train

Be productive during your commute and reduce stress!

### Skip a Trip or Link Your Errands

By combining or eliminating trips, you reduce air pollution and save money and time.

### Avoid wood burning indoors and outdoors

Smoke can exacerbate smog build up and is unhealthy for you and your neighbors. Wood burning is discouraged during Spare the Air Alerts for smog and illegal when a Spare the Air Alert—Burn Ban is in effect.

## Benefits of a clean commute

- Save time
- Save money
- Reduce stress
- Be productive during your commute
- Meet new people
- Get exercise and improve your health

## Commute Tips

Visit [sparetheair.org](https://sparetheair.org) for more about commute programs and possible incentives available where you live and work.

Visit [sparetheair.org](https://sparetheair.org) or [511.org](https://511.org) for all your clean air commute options!

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