



BAY AREA  
AIR QUALITY  
MANAGEMENT  
DISTRICT

## *Spare the Air* ADVISORY

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For Immediate Release

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# Third Day of Dirty Air

**Friday, June 27**, will be the third Spare the Air Day in a row. Temperatures will remain high and air quality is expected to continue to be unhealthy in the Bay Area. This is the first time the opening episode of ozone season has lasted for three days straight.

On Tuesday, there was an exceedance of the federal health-based 8-hour ozone standard in San Martin, and exceedances of the California 1-hour ozone standard in San Martin and Sunnyvale.

Ground level ozone is formed when volatile organic compounds (VOCs) combine with oxides of nitrogen (NOX) in the presence of heat and sunlight. These smog-forming gases are emitted from tailpipes, evaporating gasoline, paints and household products.

### ***Precautions***

- People with respiratory or heart conditions, asthma or allergies should take it easy-- especially during the hours between 1 and 6 PM.
- Vigorous outdoor exercise should be limited to the early morning hours or around sunset when ozone levels are lower.

### ***How you can help***

- Plan a clean air commute tomorrow - take public transit or carpool – call 511 or check [www.511.org](http://www.511.org) for transit information. **This summer, the Livermore Amador Valley Transit Authority (LAVTA) is offering free bus rides on Spare the Air Days in the Livermore-Dublin-Pleasanton area. Call 925-455-7500 or check [www.lavta.org](http://www.lavta.org) for more information.**
- Take a lunch to work so you don't need to make another car trip.
- Link trips for errands – a warm engine is less polluting than one just started cold.
- Refuel after 6 p.m. – gasoline vapors will not contribute to smog formation at this time.
- Postpone using gasoline-powered lawn and garden equipment which can contribute about 13 tons of smog-forming emissions per day.

**For background and air quality statistics visit the website: [www.sparetheair.org](http://www.sparetheair.org)**

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