



Spare the Air **ADVISORY**

June 22, 2006
For Immediate Release

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Spare the Air Continues Tomorrow Friday, June 23

**Again Friday June 23 - FREE Transit All Day
(2nd of 3 days)**

What: Air quality levels are expected to reach unhealthy levels again tomorrow, Friday, June 23. The Air District asks residents of the nine Bay Area counties to continue to "Spare the Air" by reducing air-polluting activities—especially driving. This will be the second Spare the Air Day of the year.

- 25 transit agencies throughout the Bay Area are offering FREE transit on the first 3 Spare the Air Days to take place on a non-holiday weekday this year. This will be the second of the three free days so far this year.

Why: High pressure, escalating temperatures, and low winds create the conditions that cause polluting gases to form ground-level ozone, the main ingredient in smog.

Who: Spare the Air Day ozone levels are particularly harmful for young children, as well as seniors and those with respiratory and heart conditions. Vigorous outdoor exercise should be done only in the early morning hours when ozone levels are lower.

How:

- Carpool or take public transit. Call 511 or check www.511.org for transit information
- Refuel after 6 p.m. or wait until the following evening to pump gas.
- Limit driving as much as possible by combining errands into one trip.

For background and air quality information visit www.sparetheair.org

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