



Spare the Air **ADVISORY**

June 25, 2006
For Immediate Release

Contact: Contact: Jack M. Colbourn
(415) 760-0834 (cell)

Spare the Air Tomorrow Monday, June 26 FREE Transit All Day

What: Air quality levels are expected to reach unhealthy levels tomorrow, Monday, June 26. The Air District asks residents of the nine Bay Area counties to continue to "Spare the Air" by reducing air-polluting activities—especially driving.

- 25 transit agencies throughout the Bay Area are offering FREE transit all day Monday, June 26.

Why: High pressure, escalating temperatures, and low winds create the conditions that cause polluting gases to form ground-level ozone, the main ingredient in smog.

Who: Spare the Air Day ozone levels are particularly harmful for young children, as well as seniors and those with respiratory and heart conditions. Vigorous outdoor exercise should be done only in the early morning hours when ozone levels are lower.

How:

- Carpool or take public transit. Call 511 or check www.511.org for transit information.
- Refuel after 6 p.m. or wait until the following evening to pump gas.
- Limit driving as much as possible by combining errands into one trip.

For background and air quality information visit www.sparetheair.org

#