



Spare the Air **ADVISORY**

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For Immediate Release

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Tomorrow, Friday, September 1, is a *Spare the Air* Day

NO FREE Transit

Once again, rising temperatures and stagnant conditions are expected to accompany unhealthy air quality tomorrow. This is the 10th Spare the Air day of the year. Even though there will be NO free rides on Bay Area transit tomorrow, Bay Area residents are still encouraged to preserve air quality and protect public health by continuing to take public transportation.

The successful free transit program ended on July 21 and its success is due to Bay Area residents who chose to Spare the Air this summer. Over a million commuters took advantage of the free fare days and many others made simple, everyday choices such as carpooling, combining multiple errands into a single trip, reducing the use of gasoline-powered lawn equipment and consumer products like hair sprays, paints and household cleaners.

High levels of ozone pollution are particularly harmful for young children, seniors, and those with respiratory and heart conditions. Vigorous outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

For background and air quality information visit www.sparetheair.org