



Spare the Air **ADVISORY**

For Immediate Release
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Tomorrow, Tuesday, September 12, is a *Spare the Air* Day

NO FREE Transit

Air quality is expected to be unhealthy tomorrow, as temperatures are rising and stagnant conditions are expected to develop. This will be the 11th Spare the Air day of the year, the most since 1999.

Even though there will be NO free rides on Bay Area transit tomorrow, Bay Area residents are encouraged to preserve air quality and protect public health by continuing to take public transportation.

The free transit Spare the Fare program ended on July 21. Over a million commuters took public transportation on the free fare days. Bay Area residents also made simple, everyday choices such as carpooling, riding their bikes, combining multiple errands into a single trip, and reducing the use of gasoline-powered lawn equipment and consumer products like hair sprays, paints and household cleaners.

High levels of ozone pollution are particularly harmful for young children, seniors, and those with respiratory and heart conditions. Vigorous outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

For more Spare the Air and air quality information visit www.sparetheair.org