



BAY AREA  
AIR QUALITY  
MANAGEMENT  
DISTRICT

# Advisory

For Immediate Release  
February 6, 2007

Contact: Aaron Richardson  
415.749.4900

## *Spare the Air* TONIGHT! Air Quality is Forecast to be Unhealthy

The Bay Area Air Quality Management District is issuing a *Spare the Air Tonight* Advisory for this evening, Tuesday, February 6. Forecasts predict that particulate pollution concentrations will reach unhealthy levels. The Air District is asking Bay Area residents **to not burn wood and to limit their driving** in order to help reduce particulate emissions. This is the **30th** alert this season.

Small particle pollution can be especially harmful for the young, the elderly, and for people with respiratory or cardiovascular disease. It's important to remember that wood burning is not an efficient way to heat your home and that it contributes to the unhealthy build-up of harmful air pollutants.

Still, cool weather conditions favor the buildup of particulate matter. On winter evenings, the earth cools the air close to the ground, which creates an inversion layer of warmer air above. When there is no wind, pollution trapped under this lid of warm air can build up rapidly to unhealthy levels. Particulate pollution is most highly concentrated at night and in the early morning hours.

***There is no free transit during the Spare the Air Tonight season.***

***Some tips for clean air this winter:*** Convert your wood-burning fireplace to a natural gas stove. Drive less this year and use public transportation more. Remember, individual actions are vitally important to keeping the air clean.

For more information call 1-800 HELP AIR  
or visit our website: [www.sparetheair.org](http://www.sparetheair.org)

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