



# MEDIA ADVISORY

**FOR IMMEDIATE RELEASE**  
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## **Onshore winds to help ease air pollution build up**

*Heat and fire danger remain high through Thursday*

**SAN FRANCISCO** –The Bay Area Air Quality Management District is advising Bay Area residents that although the forecast indicates the region will not exceed the federal health standard for smog, conditions remain elevated for fire danger and potential smoke impacts.

Shifting winds blowing onshore from the ocean will help the region avoid a Spare the Air Alert tomorrow. Winds on Wednesday blew smoke from the Lake Berryessa-Wragg fire into the Bay Area, however, smoke remained at the 2000 foot elevation and did not impact regional air quality.

The public is asked to stay alert to fire danger and continue to reduce air polluting activities such as driving. Because of the heat and dry conditions, fire danger in the Bay Area remains high.

Bay Area residents in regions impacted by wildfire smoke are advised to:

- Reduce exposure to smoky air by remaining indoors with windows and doors closed, if possible
- Set air conditioning units and car vent systems to re-circulate
- If air smells of smoke, limit outdoor activities to avoid unnecessary exposure
- Go to [www.baaqmd.gov](http://www.baaqmd.gov) to check real-time air quality

Smoke can irritate the eyes and airways, causing coughing, a scratchy throat and irritated sinuses. Elevated particulate matter in the air can trigger asthma attacks in those who suffer from asthma. Elderly persons, children and individuals with respiratory illnesses are particularly susceptible to elevated air pollution levels and should take extra precautions to avoid exposure.

The Air District will continue to monitor smoke impacts and issue additional advisories as conditions warrant.

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