

spare  
the air

# Every Day

## What you can do to reduce smog

Transportation is the largest source of smog pollution in the Bay Area and single occupancy vehicles are the main contributor. The #1 thing Bay Area residents can do is to leave their car at home! Here are some great ways to Spare the Air and find a better way to work:

### • **Walk or Ride Your Bike**

Save money and improve your health, too! Use the Spare the Air app's Bike Route Planner or the 511 Bike Mapper to plan your trip.

### • **Take the Bus, Ferry or Train**

Save gas and money – and reduce stress! Find the fastest route on 511 Trip Planner.

### • **Carpool**

Commute with colleagues or neighbors instead of driving alone. Find your rideshare match at 511.org or check with your company's human resources office for carpool matches at work.

### • **Skip a Trip or Link Your Errands**

By combining or eliminating trips, you reduce air pollution and save money, gas and time.

### • **Telecommute**

Work from home and avoid the commute!

## Commute Tips

Visit [sparetheair.org](http://sparetheair.org) to get all the information you're looking for about commute programs and possible incentives available where you live and work.



Visit [sparetheair.org](http://sparetheair.org) or [511.org](http://511.org) for links to all your clean air travel options!

## Benefits of a clean commute

- Save Time • Save Money • Be Productive During Your Commute
- Decrease Stress • Meet New People • Get Exercise and Improve Your Health

Stay Connected:

