

SPARE THE AIR HEALTH ADVISORY

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Air quality continues to be unhealthy due to smog and smoke

Wednesday, July 9, is another Spare the Air Day

SAN FRANCISCO - Today the Bay Area Air Quality Management District has issued a third consecutive *Spare the Air* Day, the seventh of the 2008 ozone season, and a health advisory due to wildfire smoke.

Air quality in the Bay Area is forecast to be unhealthy tomorrow, Wednesday, July 9, 2008.

"The current air quality situation is unprecedented," said Air District Executive Officer Jack Broadbent. "We historically have experienced days of high smog, but the combination of ozone and smoke in the air is creating uniquely unhealthy conditions."

A combination of light winds and hot temperatures will continue to create high levels of ozone in the Bay Area. Elevated levels of particulate matter due to wildfire smoke will also affect much of the nine-county region—comprising Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, southwestern Solano and southern Sonoma Counties.

Children, the elderly, and residents with pre-existing respiratory conditions such as asthma are advised to limit outdoor exertion. Everyone should avoid vigorous outdoor exercise. For more wildfire safety tips, see www.sparetheair.org.

The Air District issues *Spare the Air* health advisories whenever air quality is forecast to reach unhealthy levels.

There is no free transit tomorrow.

The Bay Area Air Quality Management District is committed to achieving clean air to protect the public's health and the environment. For more information, visit www.baaqmd.gov. For information and tips to help you *Spare the Air Every Day*, visit www.sparetheair.org.