



BAY AREA
AIR QUALITY
MANAGEMENT
DISTRICT

HEALTH ADVISORY

**For Immediate Release
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Air quality in Bay Area will continue to be unhealthy over the weekend

SAN FRANCISCO – The Bay Area Air Quality Management District is extending its health advisory through the weekend, due to unhealthy air quality from Northern California wildfires.

Air quality throughout much of the nine-county Bay Area region—comprising Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, southwestern Solano and southern Sonoma Counties—is forecast to reach unhealthy levels on Saturday, June 28, and Sunday, June 29. The Air District has recorded elevated levels of particulate matter throughout the Bay Area, but especially in the eastern parts of the region and the Santa Clara Valley, and is advising the public to limit their exposure to the smoky air.

“Throughout the weekend, we are expecting air quality in the Bay Area to continue to be impacted by the northern California wildfires,” said Air District Communications Director Lisa Fasano. “We will continue to issue air quality forecasts and advise the public to take appropriate precautions.”

Bay Area residents are advised to:

- Limit outdoor activities to avoid unnecessary exposure
- Reduce exposure to smoky air by remaining indoors with windows and doors closed
- Set air conditioning units and car vent systems to re-circulate
- If you have asthma or other lung disease, make sure you follow your doctor's directions about taking your medicines and following your asthma management plan. Call your doctor if your symptoms worsen.
- If you have heart or lung disease, if you are an older adult, or if you have children, talk with your doctor about whether and when you should leave the area.

Smoke can irritate the eyes and airways, causing coughing, a scratchy throat and irritated sinuses. Elderly persons, children, and individuals with heart or lung disease are particularly susceptible to elevated air pollution levels and should take extra precautions to avoid exposure. Persons experiencing severe symptoms should seek professional medical advice or treatment.

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Residents are asked to pay attention to health advisories that may be issued by local County Health Officers in the event of a threat to public health due to excessive smoke in their communities. The Air District will continue to monitor smoke impacts and issue additional advisories as conditions warrant.

For more information about smoke impacts please visit www.sparetheair.org or the CAPCOA website: www.airquality.org/smokeimpact/.

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