



BAY AREA  
AIR QUALITY  
MANAGEMENT  
DISTRICT

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# NEWS

## Air District issues Spare the Air Smog Alert *Commuters urged to find alternatives to driving alone*

**SAN FRANCISCO** – Today, the Bay Area Air Quality Management District is issuing its sixth Spare the Air Alert for smog in 2017.

**Air quality is forecast to be unhealthy tomorrow, Tuesday, August 1.** High pressure over Northern California is expected to produce triple-digit temperatures inland. Light, onshore winds and hot temperatures throughout the day are expected to cause unhealthy ozone levels in the South and East Bay regions. **There is no free transit tomorrow and there is no wood burning ban in place.**

“Unhealthy air quality is expected Tuesday with more potential Spare the Air Alerts this week due to tailpipe exhaust from the 5 million cars on Bay Area roads each day combined with hot temperatures,” said Jack Broadbent, executive officer of the Air District. “To reduce exposure to smog, avoid outdoor activities during the hottest part of the day and consider taking transit or carpooling instead of driving alone.”

*Spare the Air Alerts* are called when ozone pollution is forecast to reach unhealthy levels. Ozone, or smog, can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions.

When a *Spare the Air Alert* is called, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower. Residents are encouraged to reduce air pollution every day by rethinking their commute and avoiding driving alone.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. *Spare the Air-Cool the Climate* is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision on climate change at <https://youtu.be/p9BxhIrlqlr>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at [www.sparetheair.org](http://www.sparetheair.org), call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The Bay Area Air Quality Management District ([www.baagmd.gov](http://www.baagmd.gov)) is the regional agency responsible for protecting air quality in the nine-county Bay Area. For more information about Spare the Air, visit [sparetheair.org](http://sparetheair.org).

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