



## NEWS RELEASE

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**CONTACT:** Tom Flannigan - 415.749.4900

### **Air District issues Spare the Air smog alert**

*Residents urged to find alternatives to driving alone*

**SAN FRANCISCO** – Today, the Bay Area Air Quality Management District is issuing the third Spare the Air Alert for smog in 2018.

Air quality is forecast to be unhealthy tomorrow, Saturday, June 30. Light winds combined with high temperatures and exhaust from motor vehicles are expected to cause unhealthy ozone accumulation in the Bay Area. There is no free transit tomorrow and there is no wood burning ban in place.

“Traffic on Bay Area roads is our region’s number one cause of air pollution in the summer,” said Jack Broadbent, executive officer of the Air District. “To cut harmful smog and traffic gridlock, we must reduce our driving every day by taking transit, carpooling or telecommuting instead of driving alone.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone, or smog, can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. Spare the Air-Cool the Climate is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision to combat climate change at <https://youtu.be/p9BxhIrlqrl>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at [www.sparetheair.org](http://www.sparetheair.org), call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](#) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#), and [YouTube](#).

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Air District Communications Office  
375 Beale Street, Suite 600, San Francisco, CA 94105 - (415) 749-4900  
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