



NEWS RELEASE

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Air District issues fourth Spare the Air Smog Alert

Residents urged to find alternatives to driving alone

SAN FRANCISCO – Today, the Bay Area Air Quality Management District is issuing its fourth Spare the Air Alert for smog in 2018.

Air quality is forecast to be unhealthy tomorrow, Thursday, July 26. High pressure over Northern California is expected to produce triple-digit temperatures inland. High heat and light winds will combine to create unhealthy ozone levels in parts of the Bay Area. There is no free transit tomorrow. Wood burning is discouraged but not banned.

“Hot temperatures and traffic exhaust are expected to cause hazy skies and unhealthy air quality in the Bay Area,” said Jack Broadbent, executive officer of the Air District. “To reduce air pollution, try carpooling or taking transit to get around instead of driving alone.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone, or smog, can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. Spare the Air-Cool the Climate is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision to combat climate change at <https://youtu.be/p9BxhIrlqrl>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on social media.

The [Bay Area Air Quality Management District](http://www.bayareaairquality.org) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#), and [YouTube](#).

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