



NEWS RELEASE

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Air District issues Spare the Air Alert for Tuesday

Rising temperatures and vehicle exhaust will make air quality unhealthy

SAN FRANCISCO – The Bay Area Air Quality Management District is issuing the eighth Spare the Air Alert for smog for Tuesday, August 13, 2019.

Air quality is forecast to be unhealthy **tomorrow, Tuesday, August 13**. Light winds combined with hot temperatures and exhaust from motor vehicles are expected to cause unhealthy ozone, or smog, accumulation in the Bay Area, especially in the East Bay.

A building high-pressure system over the region is driving temperatures higher, delaying ocean breezes and causing unhealthy air quality throughout the region.

“Cars remain the number one source of air pollution in the Bay Area, and we can all do our part to help reduce air pollution every day by reducing our driving,” said Jack Broadbent, executive officer of the Air District. “Opting for an alternative to driving alone on our commutes helps create a healthier breathing environment for everyone.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone, can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. Spare the Air — Cool the Climate is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision to combat climate change at <https://youtu.be/p9Bxh1rlqrl>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](#) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#), and [YouTube](#).

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