



NEWS RELEASE

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CONTACT: Walter Wallace, 415.749.4900

Air District issues another Spare the Air Alert for Wednesday *Temperatures will be hot and air quality will be unhealthy again tomorrow*

SAN FRANCISCO – The Bay Area Air Quality Management District is issuing the ninth Spare the Air Alert for smog for Wednesday, August 14, 2019.

Air quality is forecast to be unhealthy **again tomorrow, Wednesday, August 14**. Light winds, hot temperatures, and exhaust from motor vehicles are expected to continue to cause ozone, or smog, to accumulate, especially in the East and South Bay.

The persistent high-pressure system over the region will keep temperatures elevated, delay ocean breezes and lead to unhealthy air quality.

“It’s important that Bay Area residents help protect air quality so we are better protected when temperatures rise,” said Jack Broadbent, executive officer of the Air District. “Finding another way to get to work besides driving alone makes a big difference in reducing air pollution throughout region.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone, can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. Spare the Air — Cool the Climate is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision to combat climate change at <https://youtu.be/p9Bxh1rlqrl>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](http://www.bayareaairquality.org) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#), and [YouTube](#).

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Air District Communications Office
375 Beale Street, Suite 600, San Francisco, CA 94105 - (415) 749-4900
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