



## NEWS RELEASE

**FOR IMMEDIATE RELEASE:** August 15, 2019

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### **Air District issues fourth straight Spare the Air Alert for Friday** *Heatwave and poor air quality to continue for another day*

**SAN FRANCISCO** – The Bay Area Air Quality Management District is issuing the eleventh Spare the Air Alert for smog for Friday, August 16, 2019.

Air quality is forecast to be unhealthy **again tomorrow, Friday, August 16**. Light winds and hot temperatures will continue for another day, and those conditions in combination with motor vehicle exhaust will lead to further elevated concentrations of ozone, or smog.

“One more day of heat and smog just underscores how urgent it is that Bay Area residents get out of their cars, use public transit, try a carpool and find other ways to get to work,” said Jack Broadbent, executive officer of the Air District. “Tailpipe exhaust is the largest source of air pollution during warmer months and reducing our daily driving will make the air healthier for us all.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone can cause throat irritation, congestion, chest pain, trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure to ozone can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be done only in the early morning hours when ozone concentrations are lower.

Find out more about what the Air District is doing to address climate change in the nine-county Bay Area. Spare the Air — Cool the Climate is a blueprint for tackling regional air pollution and climate pollutants while improving the health of Bay Area residents for the next several decades. Check out this video about our bold vision to combat climate change at <https://youtu.be/p9BxhIrlqrl>.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at [www.sparetheair.org](http://www.sparetheair.org), call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](#) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#), and [YouTube](#).

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