Air District extends air quality advisory for eastern Contra Costa County through Thursday

SAN FRANCISCO – The Bay Area Air Quality Management District is extending an air quality advisory for wildfire smoke in eastern Contra Costa County through Thursday, July 14.

Smoke from the Marsh Fire is expected to continue to impact the eastern Contra Costa cities of Pittsburg, Antioch, Oakley and Brentwood. Onshore winds during the daytime are expected to disperse smoke, but as winds die down overnight localized pollution levels may rise between 10 PM and 9 AM. **Pollutant levels are not expected to exceed the national 24-hour health standard. A Spare the Air Alert is not in effect and air quality is expected to be in the moderate range overall.**

The Air District will be closely monitoring air quality throughout the region for smoke impacts from this and other fires.

If the smell of smoke is present, it is important that Bay Area residents protect their health by avoiding exposure. If possible, stay inside with windows and doors closed until smoke levels subside, if temperatures allow. It is also recommended that those impacted by smoke set their air conditioning units and car vent systems to re-circulate to prevent outside air from moving inside.

Smoke can irritate the eyes and airways, causing coughing, a scratchy throat and irritated sinuses. Elevated particulate matter in the air can trigger wheezing in those who suffer from asthma, emphysema or COPD. Elderly persons, children and individuals with respiratory illnesses are particularly susceptible to elevated air pollution levels and should take extra precautions to avoid exposure.

Check here for real-time air quality readings: [http://baaqmd.gov/highs](http://baaqmd.gov/highs).

The [Bay Area Air Quality Management District](http://baaqmd.gov) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](https://twitter.com/baairquality), [Facebook](https://www.facebook.com/baairquality) and [YouTube](https://www.youtube.com/baairquality).

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