



NEWS RELEASE

FOR IMMEDIATE RELEASE: September 7, 2022

CONTACT: Walter Wallace, 415-519-4628

Air District extends Spare the Air Alert for smog through Thursday

Commuters urged to find alternatives to driving alone

SAN FRANCISCO – The Bay Area Air Quality Management District is extending the Spare the Air Alert for smog through Thursday, September 8.

Air quality is forecast to be unhealthy **through Thursday, September 8**. Continued high pressure over the region will result in clear skies, light winds and hot temperatures across the Bay Area. These conditions, combined with motor vehicle exhaust, will produce unhealthy ozone levels.

“The extreme weather conditions we have been experiencing this week are an example of how climate change can cause poor air quality and significantly raise the risk of wildfires,” said Sharon Landers, interim Air District executive officer. “We can all reduce the impacts of climate change and improve air quality by regularly choosing transit or working remotely, instead of driving alone.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone can cause throat irritation, congestion and chest pain. It can trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](https://www.baaqmd.org/) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](#), [Facebook](#) and [YouTube](#). For more information about Spare the Air, visit www.sparetheair.org.

#

Air District Communications Office
375 Beale Street, Suite 600, San Francisco, CA 94105 - (415) 749-4900
[Air District Homepage](#) | [News Releases](#)