

## Set goals to overcome self-doubt



Get insight on how to use goal-setting to put self-doubt behind you. Join our live webinar on Wednesday, Aug. 13, at 11 a.m. Scan the QR code to <u>register now</u>.

## Attend this webinar to:

- Describe the importance of goal setting and its impact on self-confidence
- Learn how to set clear, achievable goals
- Identify how to overcome obstacles

Visit your member website for more information.