

FROM COVERING TO CONNECTION: Practicing Allyship Through Authentic Leadership

What does it mean to be an ally who fosters trust, inclusion and authenticity at work? In this interactive session, you'll explore how social identities, privilege and lived experiences shape how we show up – and how we may unconsciously “cover” parts of ourselves or expect others to do the same. You'll learn how covering behaviors impact psychological safety, team dynamics and inclusion, and how allies can help shift workplace culture toward greater authenticity and belonging. Through reflection, dialogue and practical tools, you'll strengthen your ability to lead with empathy, model inclusive behavior and support others in bringing their full selves to work.

Learning Objectives:

By the end of this session, you will be able to:

- Recognize how covering behaviors show up in the workplace and how they affect inclusion, trust and team cohesion.
- Reflect on how your own identities, privilege and experiences influence your leadership and allyship.
- Apply allyship strategies to reduce covering and foster authenticity in yourself and others.
- Practice inclusive communication and trust-building behaviors that support a culture of belonging.

Tuesday, Aug. 19

10 AM – 12 PM

375 Beale Street (In-person session)

[Click here or scan QR code to register](#)

