Air quality is an important consideration for schools when planning student activities. The Bay Area Air Quality Management District is available to assist schools with understanding local air quality and actions to take to protect student health. To find out more, visit [www.BAAQMD.gov](http://www.BAAQMD.gov) or call 415-749-4900.

The following school activity recommendations are based on consultation with health researchers and several important principles drawn from recent studies.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Air Quality Level</th>
</tr>
</thead>
</table>
| **LEVEL 1**               | **LEVEL 2**  
AQI 0-50  
PM$_{2.5}$ 0-12 µg/m³  
LEVEL 3  
AQI 101-150  
PM$_{2.5}$ 36-55 µg/m³  
LEVEL 4  
AQI 151-200  
PM$_{2.5}$ 56-150 µg/m³  
LEVEL 5  
AQI 201 or higher  
PM$_{2.5}$ 151-500 µg/m³  |
| **LEVEL 2**               | **LEVEL 3**  
AQI 51-100  
PM$_{2.5}$ 13-35 µg/m³  
LEVEL 4  
AQI 151-200  
PM$_{2.5}$ 56-150 µg/m³  
LEVEL 5  
AQI 201 or higher  
PM$_{2.5}$ 151-500 µg/m³  |
| **LEVEL 3**               | **LEVEL 4**  
AQI 101-150  
PM$_{2.5}$ 36-55 µg/m³  
LEVEL 5  
AQI 201 or higher  
PM$_{2.5}$ 151-500 µg/m³  |
| **LEVEL 4**               | **LEVEL 5**  
AQI 201 or higher  
PM$_{2.5}$ 151-500 µg/m³  |

---

* Sensitive Individuals include all those with asthma or other heart/lung conditions  
** California Interscholastic Federation