## **CREATE A CLEANER AIR SPACE**

## STAYING INDOORS WITH WINDOWS AND DOORS CLOSED IS THE BEST WAY TO PROTECT YOUR HEALTH.

Avoid activities that create smoke or other particles indoors.

Weatherize your home in preparation for wildfires by sealing leaky windows and doors.

Upgrade to an HVAC system that allows for both heating and cooling and have the mechanism to switch to RECIRCULATE to prevent smoke from entering the space.

Purchase a non-ozone producing air purifier (HEPA) to create a cleaner air room or a MERV 13 or greater filter for your HVAC system.

If you cannot seal your home, identify locations in your community that have cleaner filtered air spaces such as: During high heat and heavy smoke events, keep indoor air cool or run fans.



Individuals with health conditions should talk to their physicians to develop a personal plan for smoke.

- cooling centers
- indoor shopping malls
- local libraries
- community centers
- civic centers
- local government buildings

Masks are not a substitute for staying indoors and must be fitted properly for best protection. If unable to visit a cleaner air center or a cooling center, those that must be outside for extended periods of time may benefit from using a tight fitting N95 mask to reduce their exposure.

