1. Think about your most recently completed work week. For each day of the week, please select the type of transportation you used to get to work.

* If you used more than one type of transportation on a particular day for your commute to work, please select the method that accounts for the longest portion of your trip to work.
* If you worked from home, select work.
* If you did not work on a particular day, select ‘did not work this day.’

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Drove Alone | Drove Alone | Drove Alone | Drove Alone | Drove Alone | Drove Alone | Drove Alone |
| Carpool | Carpool | Carpool | Carpool | Carpool | Carpool | Carpool |
| Vanpool | Vanpool | Vanpool | Vanpool | Vanpool | Vanpool | Vanpool |
| Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service | Uber, Lyft, Taxi or similar service |
| BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation | BART, Caltrain, or other rail transportation |
| Bus | Bus | Bus | Bus | Bus | Bus | Bus |
| Ferry | Ferry | Ferry | Ferry | Ferry | Ferry | Ferry |
| Other form of public transit | Other form of public transit | Other form of public transit | Other form of public transit | Other form of public transit | Other form of public transit | Other form of public transit |
| Employer bus or shuttle | Employer bus or shuttle | Employer bus or shuttle | Employer bus or shuttle | Employer bus or shuttle | Employer bus or shuttle | Employer bus or shuttle |
| Motorcycle or scooter | Motorcycle or scooter | Motorcycle or scooter | Motorcycle or scooter | Motorcycle or scooter | Motorcycle or scooter | Motorcycle or scooter |
| Telework | Telework | Telework | Telework | Telework | Telework | Telework |
| Did not work this day | Did not work this day | Did not work this day | Did not work this day | Did not work this day | Did not work this day | Did not work this day |
| Bicycle or Electric Bicycle | Bicycle or Electric Bicycle | Bicycle or Electric Bicycle | Bicycle or Electric Bicycle | Bicycle or Electric Bicycle | Bicycle or Electric Bicycle | Bicycle or Electric Bicycle |

2. If you carpooled during your commute at least once last week, did you use any mobile apps for carpooling or ride sharing?

* Yes
* No
* Did not carpool/rideshare

If you indicated Yes, please let us know which app(s):

3. What is your home zip code?

4. In miles, what is the approximate distance between your home and your work location? If unsure, please estimate.

Miles from home to work:

5. How long would your commute take from work to home if you drove there directly without stops?

Minutes:

6. How long would your commute take from home to work if you drove there directly without stops?

Minutes:

7. Do you have to make any stops (e.g. daycare) during your commute?

* Yes
* No

If yes, please specify, your stop(s).

8. Please identify any specific reasons or obstacles that keep you from using alternative forms of transportation (such as carpool, vanpool, bicycling, or public transit) more often for your work commute.

Examples may include requiring flexibility to drop off children at daycare, not being able to find a coworker who lives near you, etc.

9. Have you changed your work schedule or utilized a flex schedule to avoid traffic conditions?

* Yes
* No

If yes, how?

10. Do you change your commute methods based on current traffic conditions?

* Yes
* No

If yes, how?

11. Does your commute impact any of the following aspects of your life?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly Impact | Impact | Neutral | Somewhat Impact | No Impact |
| Cost of living expenses |  |  |  |  |  |
| Work performance |  |  |  |  |  |
| Choice of residential location |  |  |  |  |  |
| Choice of company or employer |  |  |  |  |  |
| Relocation to be closer  to transportation |  |  |  |  |  |

12. During the past 30 days, please estimate the number of days you have used the following forms of transportation when commuting to or from work.

|  |  |
| --- | --- |
| Commute Mode | Number of Day(s) |
| Drove alone | Day(s) |
| Carpool (2-6 occupants) | Day(s) |
| Vanpool (7+ occupants) | Day(s) |
| Ride hailing or similar service | Day(s) |
| BART, SMART Train, Caltrain, Amtrack, ACE Train | Day(s) |
| Light Rail | Day(s) |
| Bus | Day(s) |
| Ferry | Day(s) |
| Employer-provided bus or shuttle | Day(s) |
| Motorcycle or scooter | Day(s) |
| Bicycle or Electric Bicycle | Day(s) |
| Walk or run | Day(s) |
| Telework or work from home | Day(s) |
| Did not work | Day(s) |
| Other form of public transit | Day(s) |

If you used more than one type of transportation on a particular day for your commute to work, please select the method that accounts for the longest portion of your trip. If you did not use a particular form of transportation for your work commute during this period, leave blank.

13. Do you currently carpool or vanpool to work at least once a week?

* Yes
* No

14. We recognize that people have very demanding schedules and lifestyles. Making changes in the way they commute can be difficult for many people, and impossible for others. For the next few questions, please give us your honest opinions.

I would be motivated to carpool or vanpool to work at least once per week if I...

|  |  |  |  |
| --- | --- | --- | --- |
|  | Agree | Disagree | Neutral |
| Received preferred parking at my worksite |  |  |  |
| Received free parking at my worksite |  |  |  |
| Could talk to an advisor to assist me in finding a carpool or vanpool |  |  |  |
| Were provided carpool and vanpool information specific to my commute route |  |  |  |
| Had access to a website to plan carpool and vanpool trips |  |  |  |
| Could use an app to find carpool rides on demand when I needed them with details about the driver in advance |  |  |  |
| Had a guaranteed ride home in case of emergencies or unscheduled overtime |  |  |  |
| Could adjust my work hours to match a carpool or vanpool at least once a week |  |  |  |
| Received a financial incentive to carpool or vanpool at least once a week |  |  |  |
| Could use a car or bicycle as needed for midday trips |  |  |  |

15. If all the items just mentioned were present – including free assistance in joining a carpool, cash incentives, preferred parking, and a guaranteed ride home in case of emergencies – would you commute at least once per week using carpool or vanpool?

* Yes, definitely
* Maybe
* No, definitely not

16. Do you currently take public transit to work at least once a week?

* Yes
* No

17. We recognize that people have very demanding schedules and lifestyles. Making changes in the way they commute can be difficult for many people, and impossible for others. For these next few questions, please give us your honest opinions.

I would be motivated to use public transit at least once per week when commuting to work if I…

|  |  |  |  |
| --- | --- | --- | --- |
|  | Agree | Disagree | Neutral |
| Could set aside part of my paycheck each month to pay for transit passes on a pre-tax basis |  |  |  |
| Had access to a convenient shuttle to take me between a transit stop and my workplace |  |  |  |
| Could talk to advisor to assist me in finding the best transit services |  |  |  |
| Were provided transit information specific to my commute route |  |  |  |
| Had access to a website to plan public transit trips |  |  |  |
| Had a guaranteed ride home in case of emergencies or unscheduled overtime |  |  |  |
| Could adjust my work hours to match a transit schedule |  |  |  |
| Received a financial incentive to take public transit at least once a week |  |  |  |
| Could use a car or bicycle as needed for midday trips |  |  |  |

18. If all of the items just mentioned were present – including free assistance in planning transit routes, financial incentives, and a guaranteed ride home in case of emergencies – would you commute to work at least once per week using public transit?

* Yes, definitely
* Maybe
* No, definitely not

19. Do you currently telework at least once a week?

* Yes
* No

20. We recognize that people have very demanding schedules and lifestyles. Making changes in the way they commute can be difficult for many people, and impossible for others. For these next few questions, please give us your honest opinions.

I would be motivated to telework at least once per week when commuting to work if I…

|  |  |  |  |
| --- | --- | --- | --- |
|  | Agree | Disagree | Neutral |
| Was provided teleworking equipment |  |  |  |
| Compensated for a Wi-Fi subscription |  |  |  |
| Received a utility stipend |  |  |  |
| Could adjust work hours while teleworking |  |  |  |
| No incentive needed for telework |  |  |  |

21. If all of the items just mentioned were present - including teleworking equipment, adjustable work hours, and a Wi-Fi subscription - would you commute to work at least once per week using telework?

* Yes, definitely
* Maybe
* No, definitely not

22. In an average five-day work week how many days would you like to telework?

1. 0
2. 1-2
3. 2-3
4. 3-4
5. 4
6. Full-time telework
7. My job requirements do not allow for telework.

23. What is your gender identity?

If you prefer not to answer you may leave this question blank.

24. How would you describe your access to a personal vehicle?

* Always accessible
* Sometimes accessible
* Rarely accessible
* Never accessible
* Prefer not to answer

25. If you drive to work, what are your monthly expenses for driving your car? Expenses may include: car payments, gas, maintenance, insurance, parking charges, Fasttrack tolls, tickets, etc.

Dollars:

Dollars: